

## Book 8 Lesson 6

Name: \_\_\_\_\_

Score: \_\_\_\_\_

### • Dialogue 每格 2 分

( 在飯廳裡 )

(In the dining room)

Mom：去洗手吧，Lisa。今晚晚餐我們要吃妳最愛的食物。

Go and wash up, Lisa. We're <sup>1.</sup>\_\_\_\_\_ your favorite food for dinner tonight.

Lisa：媽，我好累而且壓力好大。我現在只想要坐在沙發上看電視。

Mom, I'm too tired and <sup>2.</sup>\_\_\_\_\_. <sup>3.</sup>\_\_\_\_\_. I just want to sit on the <sup>4.</sup>\_\_\_\_\_ and watch TV <sup>5.</sup>\_\_\_\_\_ <sup>6.</sup>\_\_\_\_\_.

Mom：妳為什麼哭喪著臉？妳還好嗎？

Why the long face? Are you OK?

Lisa：不，我不好。我每週必須讀書七天，而且我都無法休息。我甚至不能和我的朋友們出去烤肉或野餐。這不是我要的生活。

No, I'm not. I have to study seven days a week, and I never get a break. I can't even go to a barbecue or on a picnic with my friends. This isn't the life <sup>7.</sup>\_\_\_\_\_. <sup>8.</sup>\_\_\_\_\_ <sup>9.</sup>\_\_\_\_\_.

Mom：噢，Lisa。我並不知道會那樣。

Oh, Lisa. I didn't know that.

Lisa：我不想告訴妳是因為我不想讓妳失望。

I didn't want to tell you because I don't want to <sup>10.</sup>\_\_\_\_\_ you <sup>11.</sup>\_\_\_\_\_.

Mom：什麼？我不在乎那種事。無法過妳想要的生  
活對妳一點也不好。現在，讓我們坐下來擬  
定一個計畫吧。

What? I don't care about that. Not having the life that you want <sup>12.</sup> \_\_\_\_\_ not  
good <sup>13.</sup> \_\_\_\_\_ you. Now, let's sit down and make a plan.

Lisa：我甚至不知道從哪裡著手。妳認為我該怎麼  
做？

I don't even know <sup>14.</sup> \_\_\_\_\_ <sup>15.</sup> \_\_\_\_\_ <sup>16.</sup> \_\_\_\_\_. What do  
you think I should do?

Mom：週一至週五期間，妳可以依照妳的學習計畫  
用功讀書，但在週末，妳可以從事一些妳喜  
歡的活動或培養新的嗜好。

From Monday to Friday, you can follow your study plan and work hard, but on weekends,  
you can do some <sup>17.</sup> \_\_\_\_\_ that you like or start a new <sup>18.</sup> \_\_\_\_\_.

Lisa：媽，妳確定這樣沒問題嗎？

Are you sure this will be OK, Mom?

Mom：Lisa，妳是我的寶貝。即便妳考試考不好，那  
永遠不會改變。我想要妳在學校成績優秀，  
但我也想要妳快樂。

Lisa, you're the <sup>19.</sup> \_\_\_\_\_ of my <sup>20.</sup> \_\_\_\_\_. That will never change  
<sup>21.</sup> \_\_\_\_\_ <sup>22.</sup> \_\_\_\_\_ you don't get good grades. I want you to do well  
at school, but I also want you to be happy.

• Reading 每格 2 分

你曾感到如火山爆發嗎？

Do You Ever Feel Like a Volcano?

這是一個多了解你自己的好時機。做看看下方的測驗  
來確定你是怎麼樣的人。

This is a good time to <sup>1.</sup> \_\_\_\_\_ <sup>2.</sup> \_\_\_\_\_ more about  
<sup>3.</sup> \_\_\_\_\_. Take the following test to <sup>4.</sup> \_\_\_\_\_ <sup>5.</sup> \_\_\_\_\_  
who you are.

當你早上醒來時，你第一個想聞到的味道是什麼？

When you wake up in the morning, what is the first thing you want to smell?

(A) 花盆中的花。

(B) 一杯咖啡。

A. Flowers in a flower pot.

B. A cup of coffee.

(C) 一大盤美味的早餐。

(D) 一瓶精油。

C. A delicious breakfast on a big plate.

D. A bottle of essential oil.

答案 A：你是一個不喜歡與他人爭執的人。你會等到他們情緒平靜下來後，才試著和對方溝通。然而，在事情開始惡化之前，表達出自己的感受讓他人知道是很重要的。

You're a person <sup>6.</sup> \_\_\_\_\_ <sup>7.</sup> \_\_\_\_\_ like to <sup>8.</sup> \_\_\_\_\_  
<sup>9.</sup> \_\_\_\_\_ others. You wait <sup>10.</sup> \_\_\_\_\_ they <sup>11.</sup> \_\_\_\_\_  
<sup>12.</sup> \_\_\_\_\_ and then try to <sup>13.</sup> \_\_\_\_\_ <sup>14.</sup> \_\_\_\_\_ them.  
However, it's important for you to speak up and let people know how you feel before things start to <sup>15.</sup> \_\_\_\_\_.

答案 B：你的情緒起伏像蹺蹺板一樣。你可能這一分鐘還很開心，但一發生任何你不喜歡的事情，下一刻就會感到難過、生氣，甚至更糟。這種情緒波動對你的健康不好。你可以藉由每天運動以及健康飲食來解決這個問題。

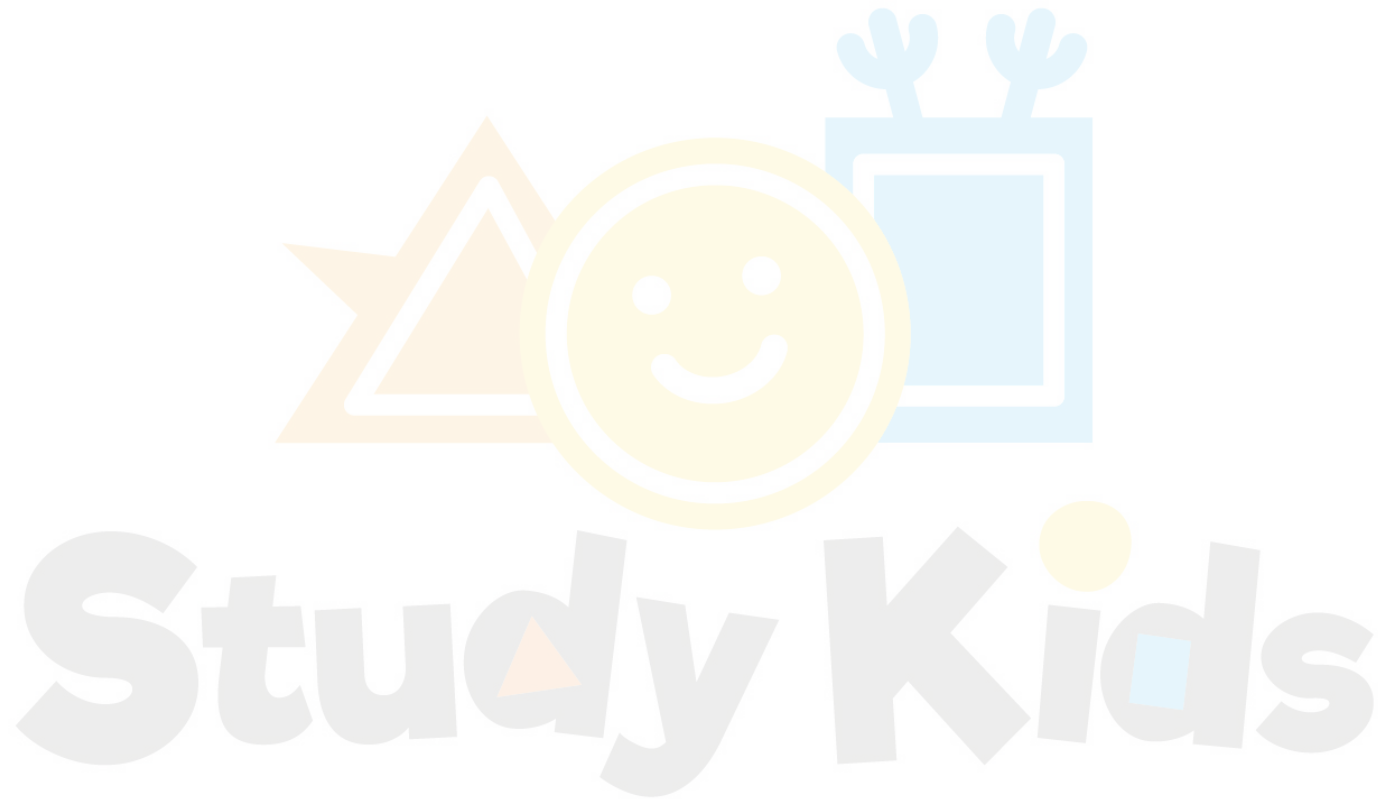
Your emotions go up and down like a <sup>16.</sup> \_\_\_\_\_. You are happy one minute, but as soon as anything you don't like happens, you get sad, mad, or worse the next. This emotional drama is bad for your health. You can solve it <sup>17.</sup> \_\_\_\_\_ exercising every day and eating a healthy diet.

答案 C：你認為你的親密朋友們是最了解你的人。然而，只要他們不認同或是不支持你，你就會停止和他們說話。這很不明智，因為你可能最後連一個朋友都沒有。你最好敞開心房，並找到跟他們的共同點。

You think your close friends are the ones <sup>18.</sup> \_\_\_\_\_ <sup>19.</sup> \_\_\_\_\_ you the most. However, as <sup>20.</sup> \_\_\_\_\_ as they don't agree with you or stand by you, you <sup>21.</sup> \_\_\_\_\_ <sup>22.</sup> \_\_\_\_\_ to them. This is not wise because you may <sup>23.</sup> \_\_\_\_\_ <sup>24.</sup> \_\_\_\_\_ <sup>25.</sup> \_\_\_\_\_ no friends at all. You'd better open your mind and find common ground with them.

答案 D：你並不容易生氣。然而，如果有人讓你非常生氣，你就會變得像火山一樣爆發。下次發生那種情況時，先深呼吸，並想想大局吧。

You don't get angry easily. However, if someone makes you really mad, you become a volcano and <sup>26.</sup> \_\_\_\_\_. <sup>27.</sup> \_\_\_\_\_. Next time that happens, take a deep <sup>28.</sup> \_\_\_\_\_ first and then think about the bigger picture.



## Answer

### • Dialogue

( 在飯廳裡 )

(In the dining room)

Mom : 去洗手吧，Lisa。今晚晚餐我們要吃妳最愛的食物。  
Go and wash up, Lisa. We're <sup>1.</sup> having your favorite food for dinner tonight.

Lisa : 媽，我好累而且壓力好大。我現在只想要坐在沙發上看電視。  
Mom, I'm too tired and <sup>2.</sup> stressed <sup>3.</sup> out. I just want to sit on the <sup>4.</sup> sofa and watch TV <sup>5.</sup> right <sup>6.</sup> now.

Mom : 妳為什麼哭喪著臉？妳還好嗎？  
Why the long face? Are you OK?

Lisa : 不，我不好。我每週必須讀書七天，而且我都無法休息。我甚至不能和我的朋友們出去烤肉或野餐。這不是我要的生活。  
No, I'm not. I have to study seven days a week, and I never get a break. I can't even go to a barbecue or on a picnic with my friends. This isn't the life <sup>7.</sup> that <sup>8.</sup> I <sup>9.</sup> want.

Mom : 噢，Lisa。我並不知道會那樣。  
Oh, Lisa. I didn't know that.

Lisa : 我不想告訴妳是因為我不想讓妳失望。  
I didn't want to tell you because I don't want to <sup>10.</sup> let you <sup>11.</sup> down.

Mom : 什麼？我不在乎那種事。無法過妳想要的生活對妳一點也不好。現在，讓我們坐下來擬定一個計畫吧。  
What? I don't care about that. Not having the life that you want <sup>12.</sup> is not good <sup>13.</sup> for you.  
Now, let's sit down and make a plan.

Lisa：我甚至不知道從哪裡著手。妳認為我該怎麼做？ I don't even know <sup>14.</sup> where <sup>15.</sup> to <sup>16.</sup> begin. What do you think I should do?

Mom：週一至週五期間，妳可以依照妳的學習計畫用功讀書，但在週末，妳可以從事一些妳喜歡的活動或培養新的嗜好。 From Monday to Friday, you can follow your study plan and work hard, but on weekends, you can do some <sup>17.</sup> activities that you like or start a new <sup>18.</sup> hobby.

Lisa：媽，妳確定這樣沒問題嗎？ Are you sure this will be OK, Mom?

Mom：Lisa，妳是我的寶貝。即便妳考試考不好，那永遠不會改變。我想要妳在學校成績優秀，但我也想要妳快樂。 Lisa, you're the <sup>19.</sup> apple of my <sup>20.</sup> eye. That will never change <sup>21.</sup> even <sup>22.</sup> if you don't get good grades. I want you to do well at school, but I also want you to be happy.

## • Reading

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(A) Flowers in a flower pot.

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You're a person <sup>6.</sup> who <sup>7.</sup> doesn't like to <sup>8.</sup> fight <sup>9.</sup> with others. You wait <sup>10.</sup> until they <sup>11.</sup> cool <sup>12.</sup> down and then try to <sup>13.</sup> deal <sup>14.</sup> with them. However, it's important for you to speak up and let people know how you feel before things start to <sup>15.</sup> slide.

答案 B：你的情緒起伏像蹺蹺板一樣。你可能這一分鐘還很開心，但一發生任何你不喜歡的事情，下一刻就會感到難過、生氣，甚至更糟。這種情緒波動對你的健康不好。你可以藉由每天運動以及健康飲食來解決這個問題。

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You think your close friends are the ones <sup>18.</sup> who <sup>19.</sup> understand you the most. However, as <sup>20.</sup> long as they don't agree with you or stand by you, you <sup>21.</sup> stop <sup>22.</sup> talking to them. This is not wise because you may <sup>23.</sup> end <sup>24.</sup> up <sup>25.</sup> with no friends at all. You'd better open your mind and find common ground with them.

答案 D：你並不容易生氣。然而，如果有人讓你非常生氣，你就會變得像火山一樣爆發。下次發生那種情況時，先深呼吸，並想想大局吧。

You don't get angry easily. However, if someone makes you really mad, you become a volcano and <sup>26.</sup> blow <sup>27.</sup> up. Next time that happens, take a deep <sup>28.</sup> breath first and then think about the bigger picture.